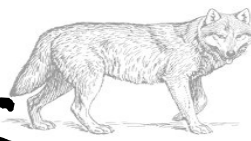


Sheffield's



Breakfast



Healthy Starts



Healthy Riser ^v

House made granola with yogurt or milk

7



Teton Sunrise ^v

Organic oatmeal, toasted almonds, raisins, brown sugar, milk or cream

8

Signatures



Scrambled Tofu ^{GF, V, VEGAN}

Tofu, onions, peppers, scallions, mushrooms, curry powder, tamari, and a side of breakfast potatoes, with choice of toast

10.5

Breakfast Burrito*

Two cage free eggs, cheddar, potatoes, choice of bacon or sausage, wrapped in a flour tortilla, with a side of ranchero salsa and sour cream

11

Mountain Man* ^{GF}

4oz Idaho trout, two cage free eggs, breakfast potatoes and choice of toast

12

Biscuits & Sausage Gravy*

House made thyme gravy on fresh biscuits, side of breakfast potatoes

9.5



Classics

Ranger's Eggs *

Two cage-free eggs, breakfast potatoes, choice of bacon, sausage, or ham, toast

11

Flagg Omelet*

Three cage-free eggs, ham, green pepper, onion, scallions, mushrooms, cheddar, side of breakfast potatoes, and choice of toast

13

Cinnamon French Toast ^v

Whole wheat French Toast, choice of bacon, sausage, or ham

10

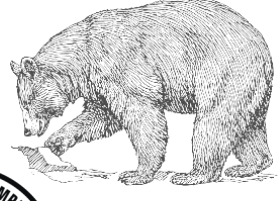
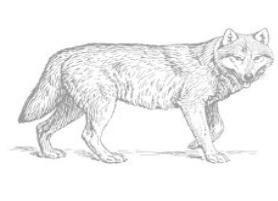
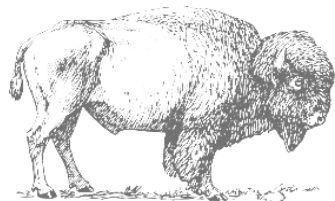
Old Fashioned Buttermilk Pancakes ^v

Choice of bacon, sausage, or ham

Short Stack (2) 9.5

Full Stack (3) 10.5

*Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food-borne illness, especially if you have certain medical conditions. Please notify your server of any allergies or dietary restrictions.



Buffet

Cage free eggs, bacon, sausage, breakfast potatoes, pancakes, French toast, oatmeal, yogurt, fruit, cereal and choice of one beverage juice, coffee or tea

Adults 16

Children (under 12) 9



Baked Goods, Cereal, & Sides

Assorted Danish, Muffins, & Pastries
4.25

Fresh Biscuit or English Muffin
3

Bagel & Cream Cheese
4

Assorted Cereals
4.75

One Egg
4

Two Eggs
5

Fresh Fruit
3.75

Idaho Breakfast Potatoes
4.5

Bacon, Ham, or Sausage
3.75

Toast
2.5

Gluten Free 2.6

Beverages



Seattle's Best Organic Coffee
3

Tazo Hot Tea
3

Fruit Juices
3.75

Iced Tea or Lemonade
3

Milk
3

Soft Drinks
3



Appetite for Life— Healthy & Sustainable Cuisine

GF- Gluten Free

V -Vegetarian

ask your server about Vegan options

*Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food -borne illness, especially if you have certain medical conditions. Please notify your server of any allergies or dietary restrictions.

**parties of 6 or more will incur an 18% gratuity