

Blue Heron

Quick Lunches

11am till 3pm

Fresh Salad

Mixed Greens Salad

organic mixed greens, cucumber petals, matchstick carrots, tomatoes and multi grain croutons; choice of dressing: green apple vinaigrette or ranch

\$4.50

Sandwiches

Tuna or Chicken Salad Sandwich

shredded lettuce and diced tomatoes with a warmed pita and potato chips

\$8.25

Roast Beef Sub

All natural roast beef with dijonnaise, swiss cheese, shredded lettuce, tomato on a french baguette, with potato chips

\$8.50

Pulled Pork Sandwich

in a kaiser roll served with potato chips

\$6.25

Soup & Sides

John Colter Western Style Chili

hearty chili served with cheddar cheese, red onions and crackers

\$4.25

Home made Potato Salad

\$3.00

Chips & Salsa

Tortilla chips with fire roasted tomato chipotle salsa add guacamole \$3.07

\$6.00

Executive Chef GTLC - Vishwatej Nath